



## E-Bulletin from National Association for Patient Participation Issue Number 127 March 2018

### 1. Latest N.A.P.P. News

- a. **Annual Conference “40 years of patient engagement: What next?” 9<sup>th</sup> June** at the Nottingham Belfry Hotel, will feature two keynote speakers, Professor Mayur Lakhani, President of the Royal College of GPs and Professor Helen Stokes Lampard, RCGP Chair, workshop sessions, the popular Soapbox where delegates contribute ideas, information and challenges. View the [draft programme](#) and registration form [here](#). Delegates from patients and practice staff in member PPGs receive a 25% discount on fees, and there is a further “Early Bird” reduction for places reserved before 23<sup>rd</sup> April.
- b. **Annual General Meeting:** N.A.P.P.’s AGM will be held at The Nottingham Belfry Hotel at 4.15pm on 9<sup>th</sup> June 2018. Members of all affiliated PPGs are invited to attend.
- c. **Letter from the Chair:** With this bulletin, we are also circulating to our member group a letter from our Chair Dr Patricia Wilkie.
- d. **PPG Awareness Week 4<sup>th</sup> - 9<sup>th</sup> June:** Find the Resource pack in the N.A.P.P. website [here](#). Member login is not required. The week overlaps with the annual Volunteers Week June 1<sup>st</sup> to 7<sup>th</sup>, so there may be opportunities to highlight aspect of PPG activities. There are also logos and other resources highlighting the 70<sup>th</sup> birthday of the NHS which celebrates volunteering See item 2 below.
- e. **Corkill Award PPG of the Year 2018:** The deadline for entries is 30<sup>th</sup> April for PPGs were members of N.A.P.P. on 1<sup>st</sup> January 2018 and covers activities and achievements during the preceding year. Find the criteria, guidelines and application form [here](#).
- f. **N.A.P.P.’s Group of 100:** Last month we reported on the work the Group has done for the General Medical Council. The GMC has already put in place an action plan responding to points raised by the Group, and praised N.A.P.P. for the quality of the research. The Group is currently undertaking its second mission - for NHS Digital - which is generating a lot of responses as we write. We plan to use the Group next to test out some questions we plan to put to the wider membership about what you think about N.A.P.P., but wanted to carry out the work for NHS Digital first. If you are interested in joining the Group, please follow the link to the members only section [here](#).
- g. **Revised Patient referral leaflet**

In the October bulletin, we publicised this leaflet produced by a national working group and, specifically, NHS England, British Medical Association (BMA) and the National Association for Patient Participation (NAPP). There are now two print-ready versions [colour](#) and [black and white](#), so that patients know what they can expect to happen if they are referred by their GP to see a specialist or consultant at a hospital or a community health centre. The leaflets are also available on the [NHS Choices website](#)

### 2. How will your GP practice and PPG mark the NHS’s 70<sup>th</sup> birthday?

5<sup>th</sup> July 2018 is an opportunity to celebrate the achievements of the NHS, to appreciate the vital role the service plays in our lives, and to recognise and thank NHS staff who make it what it is. GP Practices and PPGs are encouraged to mark the occasion, for instance by hosting open days and tea parties. There are [materials and resources](#) to support GP Practices and PPGs that want to get involved, including simple how-to guides, branding and more. Visit the dedicated NHS70 website [www.nhs70.nhs.uk](http://www.nhs70.nhs.uk)

### 3. The One Show NHS Patients Awards

As the NHS marks its 70<sup>th</sup> anniversary, patients and their families from all over the UK can nominate people currently working in the NHS as health professionals or volunteers who have gone the extra mile to look after them, or done something even more exceptional. You can put forward individuals in as many categories as you like. View the categories [here](#).

### 4. Prescription charges

This year, the government has increased the prescription charge from 1<sup>st</sup> April from £8.60 to £8.80 for each medicine or appliance dispensed. Latest available statistics show that while **40%** of the population are liable to pay the prescription charge, in practice just over **90%** of prescriptions are dispensed free of charge. More detail [here](#).

### 5. How general practice and social care can work together

NHS England has produced a short [film](#) showing how Wealden District Council and Herstmonceux GP John Simmons worked together to secure a health and wellbeing coach based at the GP surgery, reducing repeat visits by 61%. The film follows Angela, widowed around 18 months ago. Isolation soon followed, but through this scheme she has reconnected with others and now has the confidence to better manage her long term conditions. The scheme is now being expanded thanks to the local CCG.

### 6. The role of communities in improving health

A [briefing](#) from the King's Fund, an independent charity working to improve health and care in England, suggests that stronger recognition of the role communities can play and greater involvement are needed if there is to be a successful move to population health systems.

### 7. Fall of 6% in public satisfaction with NHS

Since 1983, NatCen Social Research's British Social Attitudes (BSA) survey has asked members of the public about their views on, and feelings towards, the NHS and health and care issues generally. The latest survey, jointly sponsored by the Nuffield Trust and The King's Fund, was carried out between July and October 2017 and asked a nationally representative sample of adults in England, Scotland and Wales. View the [key findings](#).

### 8. Role of physiotherapy in recovery for hip fracture

A report from the Royal College of Physicians outlines the findings of an audit of physiotherapy in the UK, and argues that frail and older people recovering from a hip fracture require multidisciplinary rehabilitation, with personalised therapy that continues after patients move away from the acute ward. [More....](#)

### 9. Cost of Falls

The impact of falls on the health and care system is huge, costing the NHS an estimated £2.3 billion a year. 30% of people aged 65 and over suffer a fall every year, rising to 50% of people aged 80 and over. To support CCGs to provide cost-effective falls prevention locally, Public Health England has published a [return on investment tool](#) that pulls together evidence on the effectiveness and costs of interventions.

### 10. N.A.P.P. website: Don't miss out this useful benefit of belonging to N.A.P.P.!

Our website Member pages contain **key resources available only to affiliated PPGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to have a generic group email address as the username for the login.

**11. Reminder:** *Please email this bulletin to fellow members promptly. We do not send hard copies of e-bulletins. All previous bulletins can be found at <http://www.napp.org.uk/ebulletins.html>*

*Edith Todd, Trustee, March 2018*